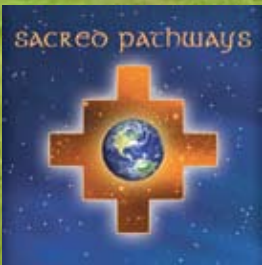
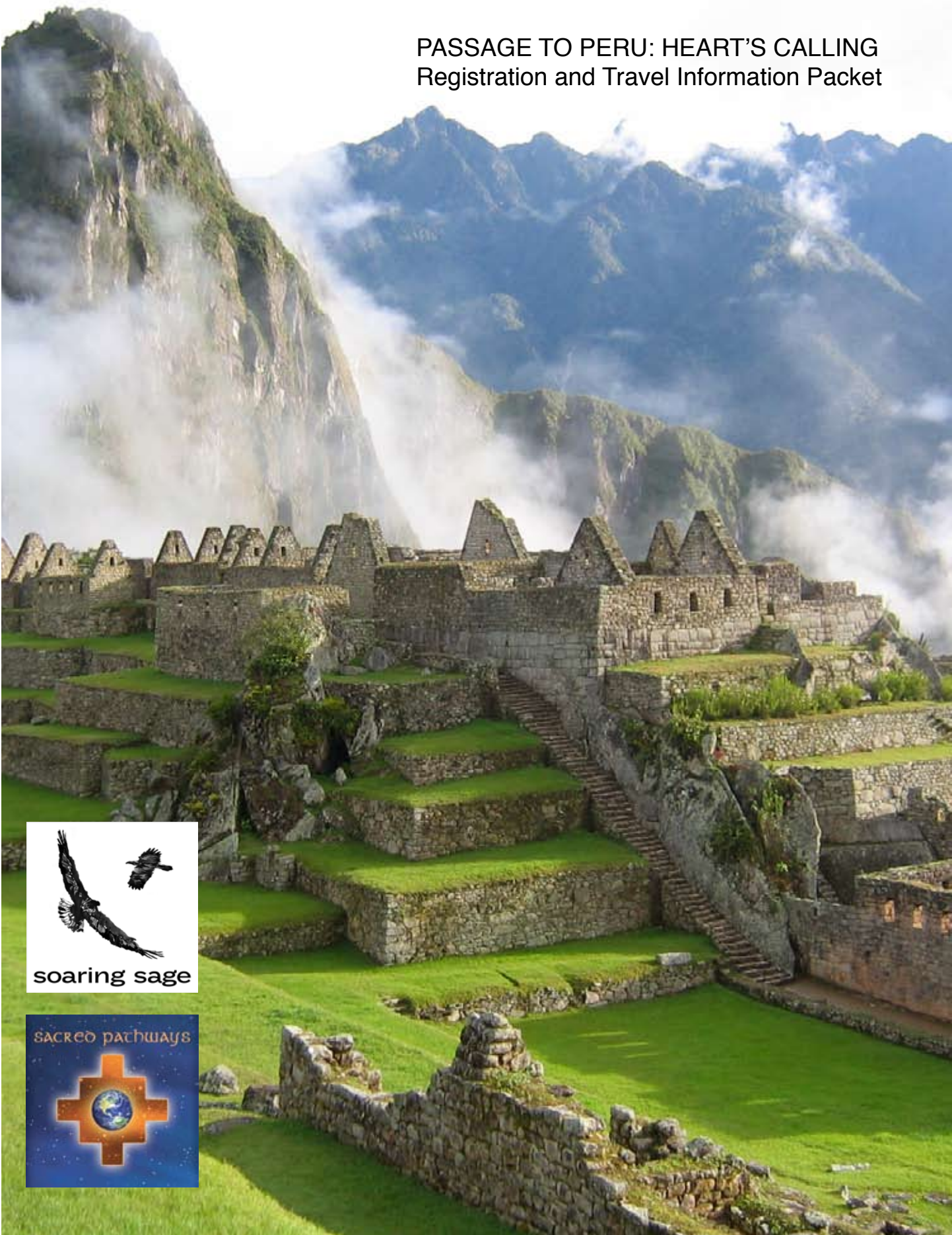


PASSAGE TO PERU: HEART'S CALLING
Registration and Travel Information Packet





Passage to Peru: Heart's Calling

August 13 - 24, 2009

Join Sacred Pathways and Soaring Sage with the Q'ero elders in the land of living energy in the High Andes Mountains. Enjoy the rich culture, natural beauty and mysticism of the ancient sites of Peru's Sacred Valley, including Machu Piccu, Saucsay Huaman, Písaq, Cusco and more. Our journey will take us to the markets and Q'ero communities to explore indigenous culture and craft. We will be one with the Q'ero way of life, commune in ancient ceremony, and focus on the intrinsic connection to the land. The Passage to Peru: Hearts Calling adventure will focus on creativity, imagination, and inspiration.

The Passage to Peru: Heart's Calling expedition is a rich cultural immersion that will link the ancient tools of the Inka and their connection to navigate the new landscape of the world today. This journey to Peru's Sacred Valley will be equal parts adventure, ceremony and playful exploration.

The Journey will focus on activating the link between intention and willful action. The group will work with Q'ero elders who will lead us in ceremony at Peru's sacred sites.

We invite you to join Sacred Pathways and Soaring Sage in celebration of a new global consciousness and become part of the transformation through the beauty and mystique of the ancient healing way. Be part of our ceremony, be with us in ritual and celebrate this luminous way of life in the ancient lands of the Q'ero people.

Looking forward to our journey together

Kinlen, Wake, Gloria and Dr. Bill

Sacred Pathways

www.sacredpathways.us

Kinlen and Wake Wheeler 541. 915.9237

Soaring Sage

www.soaringsage.com

Dr. Bill Koppin 248.760.5433

Gloria Valez-Valentin 248.935.1559





Passage to Peru: Heart's Calling Guides

Wake and Kinlen

Wake and Kinlen Wheeler, of Sacred Pathways, teach and lead group journeys to sacred sites in Peru, Europe, and Mexico. They are known for their ability to:

- Weave spiritual experience for participants with local shaman, native people, and guides.
- Create ceremony in world class, as well as, intimate, rustic sites.
- Make available a journey of depth and authenticity.

Dr. Bill and Gloria

Dr. Bill Koppin and Gloria Valez-Valentin, of Soaring Sage, are healers whose work is focused upon our needs in this ever-changing and modern world, guiding people to balance mind, body, soul and spirit.

- Soaring Sage works with people to connect to the spirit world and their own authentic being through ceremony and ritual.
- Soaring Sage helps individuals, couples and organizations expand from one state of consciousness to other states of consciousness.
- Soaring Sage participates in journeys to sacred sites in North, Central and South America.





PLEASE RESERVE A SPACE FOR ME IN THE FOLLOWING PROGRAM:

* one form required per person

___ Passage to Peru: Heart's Calling, August 13-24- \$2,500 Land Costs

* Please print this package and fax back to Soaring Sage at 248.645.6917 or mail a signed copy of this package and a check to either Sacred Pathways, PO Box 5757 Eugene, OR 97405 or to Soaring Sage at 193 W. Maple Rd. Birmingham, Michigan 48009.

Peru 2009 RESERVATION FORM

Name: _____

Phone: _____

E-mail: _____

Address: _____

Passport # _____

* Required for booking

Registration information:

_____ I am enclosing a deposit of \$700

_____ I am enclosing full payment of \$ 2,500

Please check one: ___ VISA ___ MC ___ AMEX

Expiration Date: _____

Amount to be charged: _____

Card Number: _____

If you are not paying in full at the time of deposit: It will be necessary to follow the payment schedule below in order to ensure bookings and maintain scheduled destinations.

Initial payment deadline - March 31 \$ 700 deposit

Second payment deadline - May 13 \$ 900

Final payment deadline - June 13 \$ 900

Please return this form with a signed copy of the terms and conditions on page 6 and page 8 of this packet.



RELEASE AND ASSUMPTION OF RISK

I am aware that during the expedition, workshop, trip, activity or program (herein "Activity") I am participating in through Soaring Sage LLC (hereinafter "Soaring Sage") and Sacred Pathways arrangements made by Soaring Sage and Sacred Pathways, certain risks may occur. These risks include, but are not limited to, the hazards of traveling at high altitudes, on rivers and waterways, hiking, mountain climbing, retreats, forces of nature, travel by air, automobile, bus, boat and other conveyance, loss of or damage to personal property, injury or fatality due to high altitudes, collision with vehicle, boat, rock, log, or tree, or offshore the capsizing of a boat or other vessel, accident or illness in a remote place without medical facilities, water damage due to leaking bags or other containers, exposure to temperature extremes and inclement weather, and other risks and dangers which may result in serious injury or death. In consideration of, and as part of payment for the right to participate in the Activity and the services arranged through Soaring Sage, I hereby assume all risks, and voluntarily release and waive all claims against Soaring Sage and its affiliates, officers, directors, employees, agents, and representatives, and will hold them harmless from any and all liability, action, cause of action, debts, negligence, claims, losses, expenses, demands and damages of every kind or nature whatsoever, whether direct or indirect, contingent, consequential or otherwise, arising out of, related to, or which may be brought by myself or a third party in connection with my participation in the Activity or any other activities arranged by, through, or with Soaring Sage. This agreement shall serve as a full release, assumption of risk and hold harmless provision for me, my heirs, executors, administrators and assigns, and all members of my family, including any minors. I have read and agree to these terms and conditions. Soaring Sage will rely on this release in allowing me to participate in the activity.

___ I have read and agree with the above release.

Date _____ Name/ Signature _____



Passage to Peru: Heart's Calling 2009 - Tour Conditions

Included

- All first class or best available hotel accommodations based on double occupancy (no single rooms available at this time)
- Continental breakfasts in all hotels.
- All transfers by private motor coach or train.
- Porters and baggage handling from airports on first and last day of trip itinerary.
- All entrance fees to sites as outlined in programs.
- All activities, archeological tours, teachings and personal assistance from our qualified multilingual staff.

Not Included

- Airfare, international or domestic
- Airport departure taxes.
- Lunch and Dinner
- Transfers for early arrivals or late departures.
- Optional gratuities
- Additional hotel nights made necessary by airline schedule changes or other factors.
- Travelers insurance.
- Cost of medical immunizations, if any.
- Items of a personal nature
- Hotel nights are non-transferable.

Terms and Conditions

Reservations: All reservations are subject to availability. A deposit is required to confirm your reservation. Final payment is due 60 days prior to the starting date of the program. We ask that persons come to our programs for educational reasons, and not to seek healing of any kind. Persons with health or psychiatric problems may find some programs physically and mentally trying and risky. We recommend that in case of doubt, a physician or mental health professional be consulted.

Costs: All prices are per person, double occupancy.



Cancellations & Refunds: Due to the limited availability of space on our trips and the time required to process trip reservations within our office, your deposit will not be refundable. **We recommend purchasing travel insurance in order to protect yourself in case extenuating circumstances force you to cancel your trip program. If you must cancel your program, all payments, less your deposit, will be refunded in full if written cancellation is received by our office 60 days before the programs start date.** Between 59 and 30 days the cancellation fee is 30% of the land or program cost. Between 29 and 15 days the cancellation fee is 50% of the land or program cost. Between 1 and 14 days, and no-shows, the cancellation fee is 100% of land or program cost.

Responsibilities: Soaring Sage reserves the right to accept or reject any person as a participant at any time, and to make changes in the itinerary whenever deemed necessary for the comfort, convenience, and safety of our participants, and to cancel a program at any time. In the event a program is cancelled, Soaring Sage shall have no responsibility beyond the refund of monies paid to it by program participants as listed above. By registering, the participant agrees that neither Soaring Sage nor its affiliates shall be liable for any damages, loss or expense occasioned by any act or omission by any supplier providing services to any program participant.

I have read and agree with the above terms and conditions.

Date _____ Name/Signature _____



Dear Passage to Peru: Heart's Calling traveler,

The following pages are filled with pertinent information regarding travel in Peru, local culture, travel logistics, frequently asked questions and answers and more.

We suggest everyone arrive in Cusco, Peru by 2 PM August 13, 2009.

Soaring Sage and Sacred Pathways will follow up with additional information and travel forms after we receive your initial deposit.

In the meantime, if you have any specific questions please feel free to call. Our office hours are Monday through Saturday, 10am- 6pm eastern standard time. 248.645.0075.

We look forward to helping you plan your Peru adventure.

Sacred Pathways and Soaring Sage



Traveling to Peru

1. Passport: A valid passport is required for entry into Peru, and a ninety day visa is given to US citizens automatically upon entry. For US Citizens, you can go to the web site at http://www.travel.state.gov/passport/passport_1738.html for renewing your passport. All participants will want to carry a second form of photo ID, such as a driver's license, and have a photocopy of the personal data page of your passport. Your copy of your passport is the easiest way to prove your identity if you were to lose your passport. If you are traveling with a passport from a different country other than the USA, please call the Peruvian Consulate nearest to you and find out if there are any visa requirements. In the USA, the number is 1-202-833-9860. You can also check the requirements for each country by logging onto www.peru.embassyhomepage.com. Once you enter Peru, and receive your visa paper, please be careful to **SAVE** this paper until you exit the country. **It is very important that your visa paper stay with you through the duration of your journey as you will need it to exit the country.**

2. Flights and Extra Nights: You are booking your own international flights to Lima, Peru and from Lima to Cusco. Most individuals fly from their home city to Lima, Peru and then from Lima to Cusco, Peru. If you arrive before the starting date of the trip, you will be responsible for your own taxi transfers, hotel accommodations before the trip starts, and transportation to wherever the group is meeting. Carrie and Linda from Royal International Travel can help you book your international and domestic flights and extra nights in Lima and Cusco. Their contact information is: Phone number: 248.644.1600. Take an international flight to Lima, Peru and then from Lima, Peru fly to Cusco, Peru.

Some flights land in Lima around midnight, with a connecting flight to Cuzco in the morning. If this is how your flights work, please consider the following options:

A. Least expensive -you can stay in the Lima airport until the next morning when your flight leaves. It is uncomfortable, but the least expensive option.

B. Take a taxi to ha hotel in Mira Flores and return in the morning. Mira Flores is a safer part of Lima, and is a 45 min drive from airport. The taxi needs to be arranged in advance with a safe company and the hotel will be a bit less expensive than the next option.

C. Book a room at Meliá Lima - Hotel in Lima
Av. Salaverry, 2599 San Isidro - Lima PERU

Tel: (51) 1 4119000 - Fax: (51) 1 4119022 E-mail: melia.lima@solmelia.com

This is a 5 star hotel, cost \$140-200, prices seem to change each year, so talk to your travel agent. You can check your bags at the airport counter, for your flight the next day; and just take a small bag with you, if you like. Take the walkway on second floor over to the hotel. This is the most comfortable

Allow yourself to sleep in a bit the next morning, nice restaurant for breakfast, and take a noon flight to Cuzco. The most comfortable and expensive option.



3. Travelex Insurance: We strongly suggest the purchase of travel insurance, which sometimes refunds lost costs if you need to cancel your trip due to extenuating circumstances. For your convenience, we recommend Travelex Insurance Services' Travel Select coverage, which includes excellent medical evacuation insurance in case of an emergency. You must purchase your Travelex insurance within two weeks after you pay your deposit for the trip in order to get the best coverage. Please read the Travelex Brochure carefully for all of the details and conditions so you understand what is offered. Visit <https://www.travelex-insurance.com> to apply online. Or call 1-800-228-9792 for further information. Carrie and Linda from Royal International Travel can help you secure your travel insurance. Their contact information is: phone number: 248.644.1600.

Please also check with your existing health plan to make sure they cover your medical costs in a foreign country. Some credit card companies may include baggage insurance or other features.

4. Food and Water: Drink only bottled water. Most illnesses while traveling are caused by contamination of food or water. It doesn't take much contamination to make you sick, and some diseases can be severe enough to ruin your trip. Please be careful. Drink only bottled water. Use bottled water for brushing your teeth. Bottled water is easy to purchase at a good price right outside the hotels. Do not use ice cubes unless you know them to be safe. Freezing does not kill bacteria. Do not drink from the streams.

Vegetarians: If you are a vegetarian, you will have plenty of foods to choose from. The food is very pure and natural.

Menus: Breakfasts are included with the hotels and are usually buffet style so you can choose what you like. Lunches and dinners are not included in the trip costs. There are excellent restaurants in the hotels and nearby to explore. Bring protein bars, trail mixes, and any other of your favorite snacks.

Safety: Eat only cooked foods, since lettuce and other foods might be washed in non-bottled water. Eat only fruits with peels for the same reason. If you want to experiment further with salads and fresh fruits, eat small portions the first day and see how you do. Many breakfasts include granola, cereals, yogurt, bananas, oranges, scrambled eggs or omelets, and breads. Continental breakfast is included daily. In several locations eggs are available for a fee. All of these foods are totally safe. Many lunches might have hot vegetable soups, breads, potatoes, and simple avocado sandwiches. Many dinners will include trout, hot cooked main dishes and soups, so there is an abundance of foods that are easy on your stomach. Avoid food from sidewalk vendors. Our deluxe hotels have excellent hygiene and food preparations.

5. Hydration: If you are experiencing sleeplessness, you might be dehydrated and you want to drink more water immediately! Emergen-C Packets (containing vitamins and electrolytes) and simple Electrolyte Packets can be added to bottled water for keeping hydrated and rejuvenated. Hydration is the key to avoiding altitude sickness. We recommend you drink two full liters of water per day. Drinking wine or beer will dehydrate you fast, so limited consumption is strongly advised.



6. Money: Consider exchanging \$ 300 - \$ 500 dollars at the airport. It is ideal to have a variety of U.S. dollars on hand. The markets in Peru will bargain in U.S. Dollars and the Shaman will also accept U.S. Dollars.

There are several types of ATM Machines in Peru: ATM Global and Banco de Credito. You will want to call your bank ahead of the trip to make sure that you have access to ATMs in a foreign country and which ATMs will work for your cards.

Traveler's checks are only accepted in some places. When you bring dollars into the country of Peru, they must be new dollars with no tears or rips. Damaged dollars are not accepted in Peru. **This is not a joke, Peruvians will not accept crinkled or imperfect U.S. Dollars.**

7. Meals: Breakfast is included every morning at the hotels. You will want to put aside money for lunches and dinners ranging from \$15.00 for lunches up to \$20 for dinners. We are hiking during the lunchtime, so you will want to make a snack lunch with a sandwich, fruit, and drink, etc. The hotels can sometimes prepare a box lunch for you too.

8. Airport Taxes: All Peruvian airports charge "Exit Taxes." Please budget \$34 one way internationally, and \$6 for each internal flight including Lima to Cusco and Cusco back to Lima.

9. Gifts: Some of you have asked about bringing gifts for Peruvian children you might meet along the way. Peruvian children love pads of paper, pens, pencils, magic markers, and crayons. These gifts are best purchased in Peru. We will have time in Cusco to collect such gifts. Many travelers bring gifts to the shamans also.

10. Health: You can visit the CDC web site for US government information about traveling to Peru. Visit the web site at www.cdc.gov/travel/tropsam.htm. Some people have received the following shots from their doctors: Yellow Fever, Typhoid, Hepatitis A and B, Tetanus, and Malaria. Yellow Fever and Malaria are for Amazon areas mainly. Soaring Sage and Sacred Pathways makes no recommendations as to what each traveler should or should not pursue for preventative medicine. It is best to consult with your primary care physician, who knows your medical history and can better advise you.



If you take any prescription medicines, be sure to bring enough for your travels, containers should be clearly labeled with prescription forms to avoid problems at Customs. A standard first aid kit is advisable, as well as bringing your own favorite personal “remedies” for the common possibilities. These might include a remedy for headaches, bacterial infections, stomach, colds, and dehydration. Remember, you are responsible for your own health. Since we are hiking moderately during the day, consider bringing moleskin, in case of blisters. The local pharmacies are well stocked with some common pharmaceutical products also.

12. Packing Tips

Luggage: We urge that your backpack or fanny pack be your airplane carry-on. Everything else should fit inside your main, checked suitcase.

What to expect with the weather:

- Cusco – 11,400 elevation, high 60’s day, low 50’s night
- Sacred Valley – 8,500 elevation, high 60’s to 70 day, high 40’s to 50’s night

Plan for layers with your clothes. As the heat rises in the day, you shed layers. By late afternoon and early evening it becomes cool. At night the weather can be cold and a warm jacket is recommended.

WHAT TO BRING:

CLOTHING

- Layered clothing for day hiking. Zip-off pants are great. Ideally, you could wear all your clothes layers at once if needed (tank under button-down hiking shirt under fleece under rain gear etc.)
- 2-3 Long-sleeved lightweight shirts (the ones that wick away moisture are worth the extra expense).
- Blue jeans or comfortable hiking pants.
- Fleece Jacket / warm jacket for nighttime.
- Rain Gear - Waterproof jacket and pants
- Swimsuit
- Lightweight hiking boots
- Tevas or strapped hiking sandals (optional). Flip flops are great for the shower and to walk to and from breakfast.
- Wool socks (Suggested Smartwool brand) or good hiking socks (2 extra pairs in case they get wet)



WHAT TO BRING CONTINUED EQUIPMENT

- Daypack or waist pack. Money belt for cash and passport is useful.
- Sunglasses & Sun hat & Sunscreen—the sun can be very strong at high altitudes. A #30 or #45 screen will be needed for the first days. Be sure to bring a hat and sunglasses.
- Water Bottles
- Collapsible trekking poles, optional, and helpful for balance on trails. Need to have the removable rubber tips (not the plastic packing tips) for use on Machu Picchu and other historic sites.

SUPPLIES

- Emergen-C (electrolyte) packets
- Granola bars, nuts, other snacks for hiking days
- Camera, film, digital cards and extra batteries.
- Headache medicine like Advil or Tylenol
- Bug Spray/Mosquito Repellent - Herbal Armor works better than DEET
- 3-4 rolls of camping TP (toilet paper)
- Ziplock bags for daily trash
- Handiwipes
- Journal / Notebook



On behalf of Sacred Pathways and Soaring Sage ... We look forward to our adventure together this summer.

If you have any questions or concerns, please feel free to contact us. We will continue to update you in the months ahead with additional travel information.

TupanaquisCama,

Kinlen, Wake, Gloria and Dr. Bill

Sacred Pathways

www.sacredpathways.us

Wake and Kinlen Wheeler 541. 915.9237

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www.soaringsage.com

Dr. Bill Koppin 248.760.5433

Gloria Valez-Valentin 248.935.1559

* TupanaquisCama translates to 'until we meet again' in Qechua the native Q'ero language