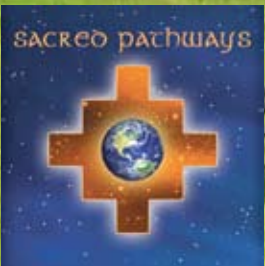
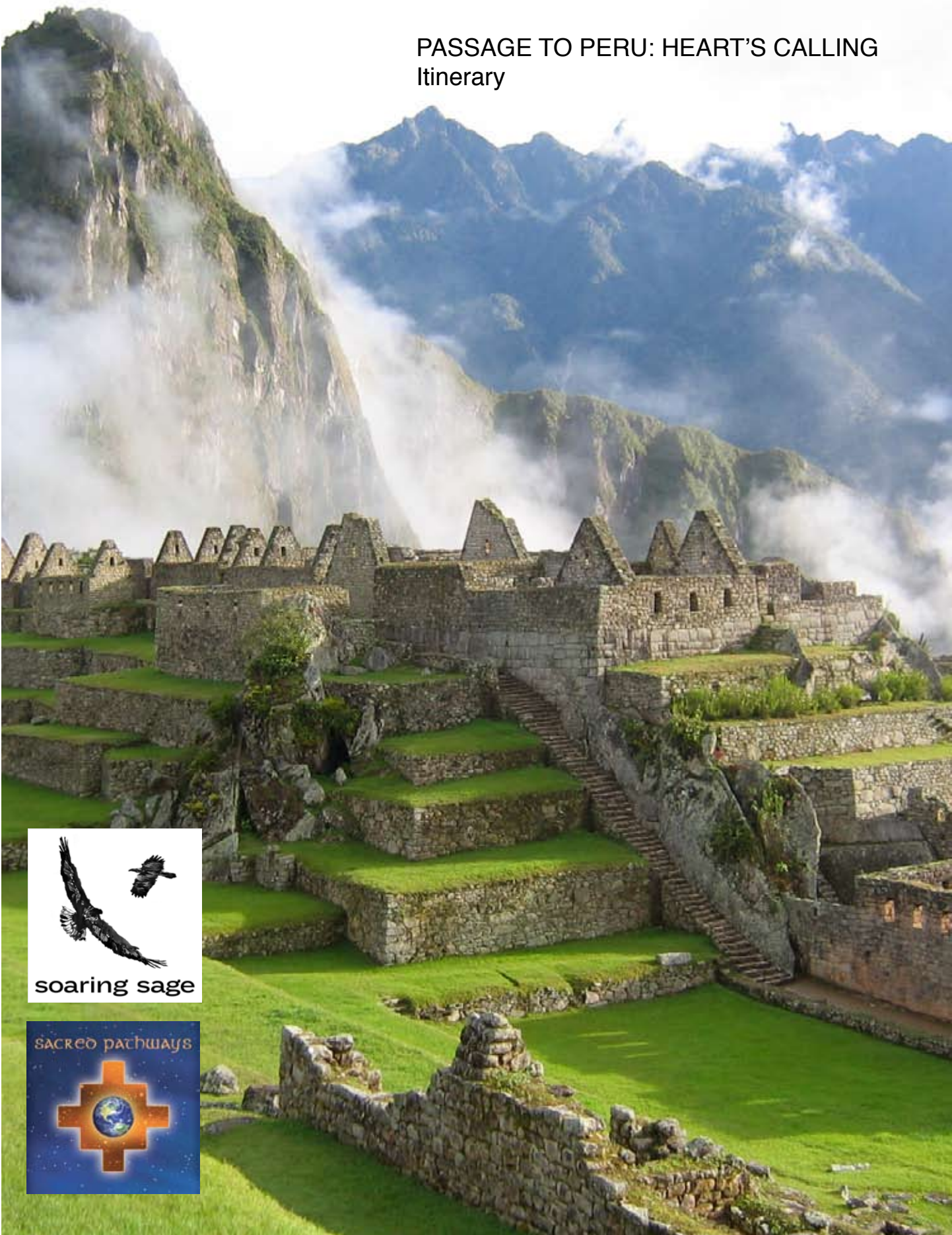


PASSAGE TO PERU: HEART'S CALLING  
Itinerary





## **Passage to Peru: Heart's Calling**

August 13 - 24, 2009

Join Sacred Pathways and Soaring Sage with the Q'ero elders in the land of living energy in the High Andes Mountains. Enjoy the rich culture, natural beauty and mysticism of the ancient sites of Peru's Sacred Valley, including Machu Piccu, Saucsay Huaman, Písaq, Cusco and more. Our journey will take us to the markets and Q'ero communities to explore indigenous culture and craft. We will be one with the Q'ero way of life, commune in ancient ceremony, and focus on the intrinsic connection to the land. The Passage to Peru: Hearts Calling adventure will focus on creativity, imagination, and inspiration.

The Passage to Peru: Heart's Calling expedition is a rich cultural immersion that will link the ancient tools of the Inka and their connection to navigate the new landscape of the world today. This journey to Peru's Sacred Valley will be equal parts adventure, ceremony and playful exploration.

The Journey will focus on activating the link between intention and willful action. The group will work with Q'ero elders who will lead us in ceremony at Peru's sacred sites.

We invite you to join Sacred Pathways and Soaring Sage in celebration of a new global consciousness and become part of the transformation through the beauty and mystique of the ancient medicine way. Be part of our ceremony, be with us in ritual and celebrate this luminous way of life in the ancient lands of the Q'ero people.

Looking forward to our journey together

Kinlen, Wake, Gloria and Dr. Bill

## **Sacred Pathways**

[www.sacredpathways.us](http://www.sacredpathways.us)

Kinlen and Wake Wheeler 541. 915.9237

## **Soaring Sage**

[www.soaringsage.com](http://www.soaringsage.com)

Dr. Bill Koppin 248.760.5433

Gloria Valez-Valentin 248.935.1559



## Passage to Peru: Heart's Calling Itinerary

A list of hotels and specific destinations will be provided prior to your departure in August, 2009.

We request that all participants be open to the possibility of the unknown. The flexibility to possible changes and serendipitous encounters may result in a change to the scheduled itinerary. As new discoveries on-site unfold, we will take opportunities and be flexible to enjoy where they may lead with the utmost safety and responsibility in mind.

August 13

Pick up at Cuzco airport. Please arrive no later than 2 pm.

Settle into hotel, drink coca tea to help with altitude, and walk in the beautiful city square, and surrounding area.

August 14

Day in Cuzco, visit the Coricancha, explore Sacsayhuaman the place of lightening over looking Cuzco city. Climb the megalithic stone walls. Despacho ceremony w/ Qero Shaman Don Francisco and Dona Juanita, opening fire.

August 15

Visit Chincheros weavers community. See the ancient practices, both traditional and contemporary, that support this thriving community.

We will be guided by visionary Nilda Callanaupa Alvarez, who has created the Center for Traditional Textiles to help preserve native communities in the Andes. Check out

<http://www.textilescusco.org/>

Journey on foot via the Inca trail to enter the Sacred Valley, as the Inca did. Dinner in Písaq.

August 16

Climb the breathtaking trail into Písaq archeological site, ceremony with Don Francisco and Dona Juanita at the burial cliffs with Golden Falcons. Explore Písaq market

August 17

Quilla Remyok

Experience one of the Americas few lunar calendars, a moon dial. This stone carved alter reflects the cycles of Mama Quilla, Mother Moon. The Q'ero will help us to call upon the power of the moon, in ceremony.



## **Passage to Peru: Heart's Calling Itinerary**

August 18

Visit the incredible terraces and sanctuary of Moray. Experience the grace and beauty this agricultural sacred site, where medicine plants, special species of grains and flowers were grown for ceremony. Create your own individual despacho and offerings for the fire ceremony in the evening

August 19

Explore the ancient site of Ollyantaytambo. This large site has unique characteristics, as well as classic components of an Inca strong hold. The city itself has preserved its Inca structures, houses, and waterways. Dinner and evening in Urubamba

Machu Picchu

August 20

Spend the day relaxing in the beautiful, colonial hotel and gardens, get a message, explore the village of Urubamba, and its world famous Artist Seminario. Day to design to suit your own needs and desires. Prepare for the adventure to Machu Picchu.

August 21

Train to Aguas Calientes (the Village of Machu Picchu). Bus directly to the site of Machu Picchu to meet the classic structures of this 7th Wonder of the World. While most tourists are leaving, we will watch the light change as the sun edges towards the horizon

August 22

Full day at Machu Picchu. Ceremonies on site. Hearty souls will hike Huayna Picchu, and visit the Temple of the Moon. For a lighter adventure our guide will lead a visit to the Inti Punku or Sun Gate, the traditional entry point of Machu Picchu.

August 23

Rejuvenate in Hot Baths of Aguas Calientes, explore the town, or take one last adventure up to the site in early morning. Lunch at hotel, catch return train to Sacred Valley. Evening in Urubamba.

August 24

Return to Cuzco for flights home.



**Suggested Reading:**

The Andean Codex  
J.E. Williams  
[www.andeancodex.com/](http://www.andeancodex.com/)

The Andean Awakening  
Jorge Luis Delgado  
[www.andeanawakening.com](http://www.andeanawakening.com)

Dance of the Four Winds  
Alberto Villoldo



On behalf of Sacred Pathways and Soaring Sage ... We look forward to our adventure together this summer.

If you have any questions or concerns, please feel free to contact us. We will continue to update you in the months ahead with additional travel information.

TupanaquisCama,

Kinlen, Wake, Gloria and Dr. Bill

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\* TupanaquisCama translates to 'until we meet again' in Qechua the native Q'ero language